

A LEVEL PE – YEAR 13

- Anatomy & Physiology
- Biomechanics
- Sport Psychology
- Social-Cultural Themes
- Practical Performance & EAPI



A LEVEL PE – YEAR 12

- Anatomy & Physiology
- Biomechanics
- Skill Acquisition
- Socio-Cultural Themes
- EAPI



GCSE PE – YEAR 11

- Socio-cultural Influences
- Physical Training
- Movement Analysis
- Practical Performance



GCSE PE – YEAR 10

- Health, Fitness and Wellbeing
- Physical Training
- Sport Psychology
- Anatomy & Physiology
- Personal Exercise Programme



KS4 CORE PE

- Develop physical competence in a range of sports
- Enhance knowledge of tactical awareness transferable across a range of activities
- Ability to analyse and evaluate performances
- Understanding & being able to action key words in examination PE



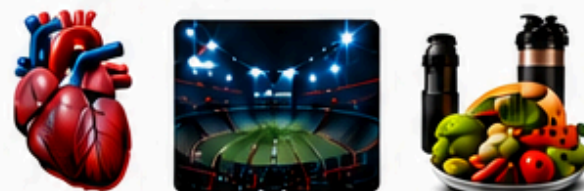
KS3 CORE PE

- Apply & develop basic skills in a variety of activities
- Develop fundamental motor skills (Balance, Co-ordination, Agility, Flexibility)
- Knowledge of rules and regulations of the activities covered
- Play in a competitive environment
- Develop personal qualities such as resilience, independence, creativity & communication



LEVEL 3 SPORT – YEAR 13

- Body Systems
- Sport Organisation & Development
- Sports Coaching & Activity Leadership
- Organisation of Sports Events
- Nutrition & Diet



LEVEL 3 SPORT – YEAR 12

- Body Systems
- Sport Organisation & Development
- Performance Analysis in Sport
- Sports Coaching & Activity Leadership



GCSE DANCE – YEAR 11

- Performance
- Choreography
- Appreciation
- Written Examination



GCSE DANCE – YEAR 10

- Performance
- Choreography
- Appreciation



HEALTH



PERFORMANCE



KNOWLEDGE



CHARACTER



