

**WEEK COMMENCING**

CV - VEGETARIAN  
CVV - VEGAN

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Lemon & Herb Piri Piri Chicken with Spicy Rice

**TUESDAY**

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

**WEDNESDAY**

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

**THURSDAY**

Creamy Chicken Korma with Rice

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

**MONDAY**

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

**TUESDAY**

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

**WEDNESDAY**

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

**THURSDAY**

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

**FRIDAY**

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)

**DESSERTS**

**MONDAY**

Syrup Sponge with Vanilla sauce

**TUESDAY**

Apple Strudel & Custard

**WEDNESDAY**

Chocolate Sponge & Chocolate Sauce

**THURSDAY**

Pear & Cocoa Sponge

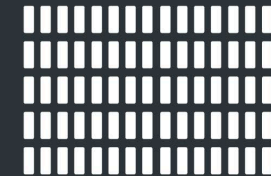
**FRIDAY**

Fruit, Jelly & Yoghurt Pots

**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

**TUESDAY**

Chicken Yakitori with Rice

**WEDNESDAY**

Loaded Potato Skins

**THURSDAY**

Garlic & Lemon Chicken Gyros

**FRIDAY**

**NATURALLY**



**MONDAY**

Pakistani Tarka Dhal (VE)

**TUESDAY**

Vegan Singapore Noodles (VE)

**WEDNESDAY**

Vegan Ramen Bowl (VE)

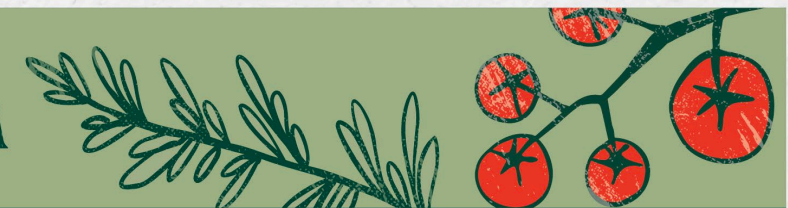
**THURSDAY**

The Big Plant Burger (VE)

**FRIDAY**

Garlic & Chilli Noodles (VE)

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Pasta in a Cheese Sauce

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

**THURSDAY**

Tomato & Basil Pasta

**FRIDAY**

Margherita Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



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13/01/2025 03/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Terriyaki Beef & Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake (V)

WEDNESDAY

Cheese, Leek and Potato Pie (V)

THURSDAY

Chinese Vegetable Stir-Fry (VE)

FRIDAY

Quorn 1/4 lb Burger with Ranch Slaw, Chips & Peas (V)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Lemon Sponge & Custard

THURSDAY

Baked Churros with Chocolate Sauce

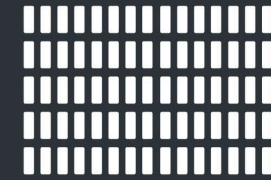
FRIDAY

Fruit, Jelly & yoghurt Pots

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Terriyaki Chicken Wings with Chahan Rice

TUESDAY

Korean Fried Crispy Chicken

WEDNESDAY

Chipotle Chicken Chimichanga

THURSDAY

Mei Goreng Indonesian Fried Noodles

FRIDAY

NATURALLY



MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

THURSDAY

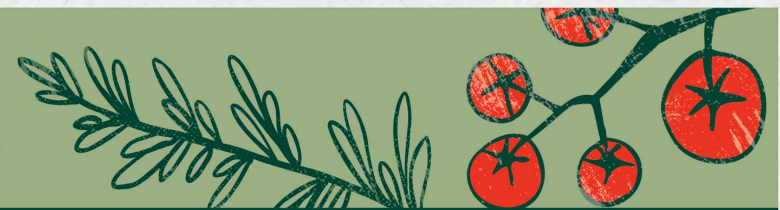
The Big Plant Burger (VE)

FRIDAY

Garlic & Chilli Noodles (VE)



TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Margherita Pizza

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**WEEK COMMENCING**

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20/01/2025 10/02/2025 03/03/2025 24/03/2025

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

**TUESDAY**

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

**WEDNESDAY**

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

**THURSDAY**

Chicken Makhani Curry with Pilau Rice

**FRIDAY**

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

**MONDAY**

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

**TUESDAY**

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

**WEDNESDAY**

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

**THURSDAY**

Egg Plant Katsu Curry (V)

**FRIDAY**

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

**DESSERTS**

**MONDAY**

Banana Pudding and Custard

**TUESDAY**

Warm Blueberry Sponge

**WEDNESDAY**

Sticky Toffee Pudding with Caramel Sauce

**THURSDAY**

Apple & Mixed Berry Crumble with Vanilla Sauce

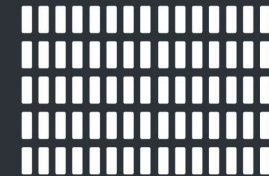
**FRIDAY**

Fruit, Jelly & Yoghurt Pots

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**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Loaded Mediterranean Street Cart Wedges

**TUESDAY**

Chicken Yakatori with Vegetable Rice

**WEDNESDAY**

Korean Fried Crispy Chicken

**THURSDAY**

Chinese Style Vegan Noodle (VE)

**FRIDAY**

**NATURally**

**MONDAY**

Fork Friendly Falafel Kebab (V)

**TUESDAY**

Vegan Singapore Noodles (V)

**WEDNESDAY**

Spiced Paneer & Red Onion Naan (V)

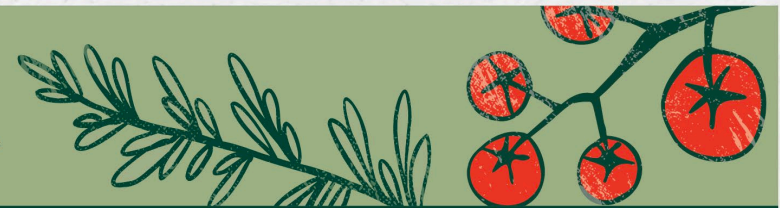
**THURSDAY**

Onion Bhaji Skewer with Bombay Potatoes (VE)

**FRIDAY**

Garlic & Chilli Noodles (VE)

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

**THURSDAY**

Pasta in Cheese Sauce

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Margherita Pizza

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