

Core PE Curriculum Overview - 2023-24

YEAR 7		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Lessons		Sport 1 = 4 Sport 2 = 3	Sport 1 = 4 Sport 2 = 4	Sport 1 = 3 Sport 2 = 2	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 4
7A1	SPORT 1	Induction	Rugby	Football	Rugby	Athletics	Cricket
	SPORT 2	Athletics	Badminton SH	Gymnastics OG	Basketball SH	Tennis	Rounders
7A2	SPORT 1	Induction	Badminton SH	Gymnastics OG	Basketball SH	Tennis	Rounders
	SPORT 2	Athletics	Rugby	Football	Rugby	Athletics	Cricket
7A3	SPORT 1	Induction	Netball	Basketball SH	Football	Athletics	Cricket
	SPORT 2	Athletics	Gymnastics OG	Badminton SH	Dance Hall	Rounders	Tennis
7A4	SPORT 1	Induction	Gymnastics OG	Badminton SH	Dance Hall	Rounders	Tennis
	SPORT 2	Athletics	Netball	Basketball SH	Football	Athletics	Cricket

YEAR 8		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Lessons		Sport 1 = 4 Sport 2 = 3	Sport 1 = 4 Sport 2 = 4	Sport 1 = 3 Sport 2 = 2	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 4
8A1	SPORT 1	Athletics	Football	Fitness	Rugby	Athletics	Tennis
	SPORT 2	Basketball SH	Gymnastics OG	Volleyball SH	Badminton SH	Cricket	Athletics
8A2	SPORT 1	Basketball SH	Gymnastics OG	Volleyball SH	Badminton SH	Cricket	Athletics
	SPORT 2	Athletics	Football	Fitness	Rugby	Athletics	Tennis
8A3	SPORT 1	Athletics	Badminton SH	Football	Fitness	Athletics	Rounders
	SPORT 2	Netball	Hockey	Gymnastics OG	Volleyball Hall	Tennis	Athletics
8A4	SPORT 1	Netball	Hockey	Gymnastics OG	Volleyball Hall	Tennis	Athletics
	SPORT 2	Athletics	Badminton SH	Football	Fitness	Athletics	Rounders

YEAR 9		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Lessons		Sport 1 = 4 Sport 2 = 3	Sport 1 = 4 Sport 2 = 4	Sport 1 = 3 Sport 2 = 2	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 4
9A1	SPORT 1	Hockey	Fitness	Football	Rugby	Athletics	Tennis
	SPORT 2	Handball SH	Table Tennis Hall	Basketball SH	Volleyball OG	Cricket	Softball
9A2	SPORT 1	Handball SH	Table Tennis Hall	Basketball SH	Volleyball OG	Cricket	Softball
	SPORT 2	Hockey	Fitness	Football	Rugby	Athletics	Tennis
9A3	SPORT 1	Rugby	Basketball SH	Fitness	Football	Athletics	Cricket
	SPORT 2	Volleyball OG	Netball	Dance Hall	Badminton SH	Tennis	Rounders
9A4	SPORT 1	Volleyball OG	Netball	Dance Hall	Badminton SH	Tennis	Rounders
	SPORT 2	Rugby	Basketball SH	Fitness	Football	Athletics	Cricket

YEAR 10		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Lessons		Sport 1 = 4 Sport 2 = 3	Sport 1 = 4 Sport 2 = 4	Sport 1 = 3 Sport 2 = 2	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 3	Sport 1 = 3 Sport 2 = 4
10A1	SPORT 1	Football	Basketball SH	Table Tennis Hall	Volleyball OG	Athletics	Softball
	SPORT 2	Fitness Suite	Rugby	Trampolining SH	Football	Tennis	Cricket
10A2	SPORT 1	Fitness Suite	Rugby	Trampolining SH	Football	Athletics	Tennis
	SPORT 2	Football	Basketball SH	Table Tennis Hall	Fitness Suite	Cricket	Softball
10A3	SPORT 1	Dance Hall	Fitness Suite	Volleyball OG	Table Tennis Hall	Tennis	Cricket
	SPORT 2	Badminton SH	Netball	Football	Trampolining SH	Athletics	Rounders
10A4	SPORT 1	Badminton SH	Netball	Football	Trampolining SH	Cricket	Rounders
	SPORT 2	Dance Hall	Fitness Suite	Volleyball OG	Table Tennis Hall	Athletics	Tennis
10A5	SPORT 1	Benchball OG	Football	Fitness Suite	Rugby	Softball	Rounders
	SPORT 2	Netball	Table Tennis Hall	Problem Solving	Volleyball OG	Athletics	Cricket

YEAR 11		AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
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Lessons		Sport 1 = 4	Sport 1 = 4	Sport 1 = 3	Sport 1 = 3	Sport 1 = 3	Sport 1 = 4
11A1	SPORT 1	Rugby	Badminton SH	Fitness Suite	Football	Softball	Revision
11A2	SPORT 1	Badminton SH	Rugby	Football	Fitness Suite	Softball	Revision
11A3	SPORT 1	Netball	Fitness Suite	Badminton SH	Rugby	Rounders	Revision
11A4	SPORT 1	Fitness Suite	Netball	Rugby	Badminton SH	Rounders	Revision
11A5	SPORT 1	Football	Benchball OG	Table Tennis Hall	Hockey	Softball/Rounder	Revision